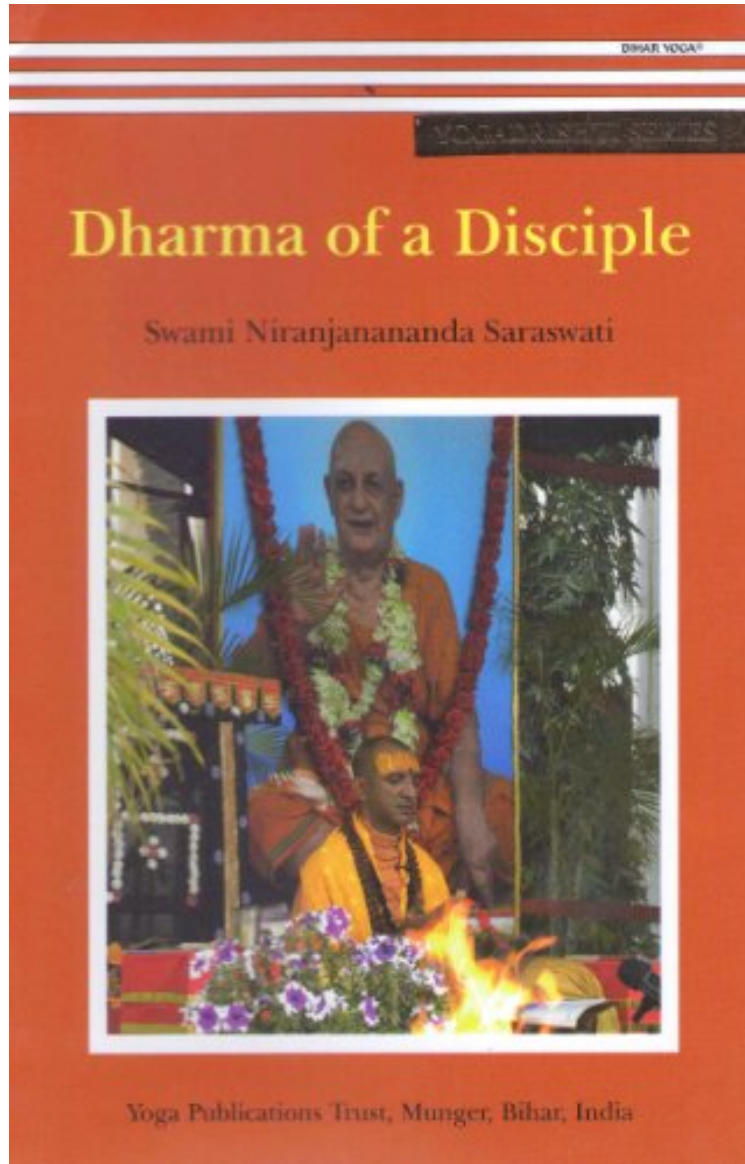


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Dharma of a Disciple

Swami Niranjanananda Saraswati

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"A disciple is the transmitter of the guru's shakti. For shakti to be transmitted, the wire has to be carbon-free. If there is accumulation of carbon in the wires that carry electricity from one bulb to another, the lights will not come on. Therefore, the aim of discipleship is to remove the accumulated carbon from our wires and ensure that they are always clean so that the current of divine grace can flow continuously and constantly, and that is the dharma of a disciple." The dharma of a disciple was the theme of the satsangs given in August 2010 at Ganga Darshan, after Swamiji returned from Guru Poornima celebrations at Rikhiapeeth. Beginning with insightful reflections on the guru tattwa, Swamiji leads us to assess where we stand as a disciple, our character and its strengths and weaknesses, and how we can move up from where we are fortifying our base and acquiring the necessary attributes. The satsangs answer a fundamental spiritual question: what is the highest truth that an adherent of the guru-disciple tradition must live by, in other words a regular SWOT test on oneself.

About the Author A beloved disciple of Swami Satyananda Sarawati, Author of such Classics as Asana Pranyama Mudra Bandha, Kundali Tatra and a host of other books, Swami Niranjanananda has himself written many classics on yoga, tantra and Upanishads. Swami Nirajan is a magnetic source of wisdom in all aspects of yogic philosophy, practice and lifestyle. He ably combines tradition with modernity as he continues to nurture and spread his guru's mission from his base at Munger/India