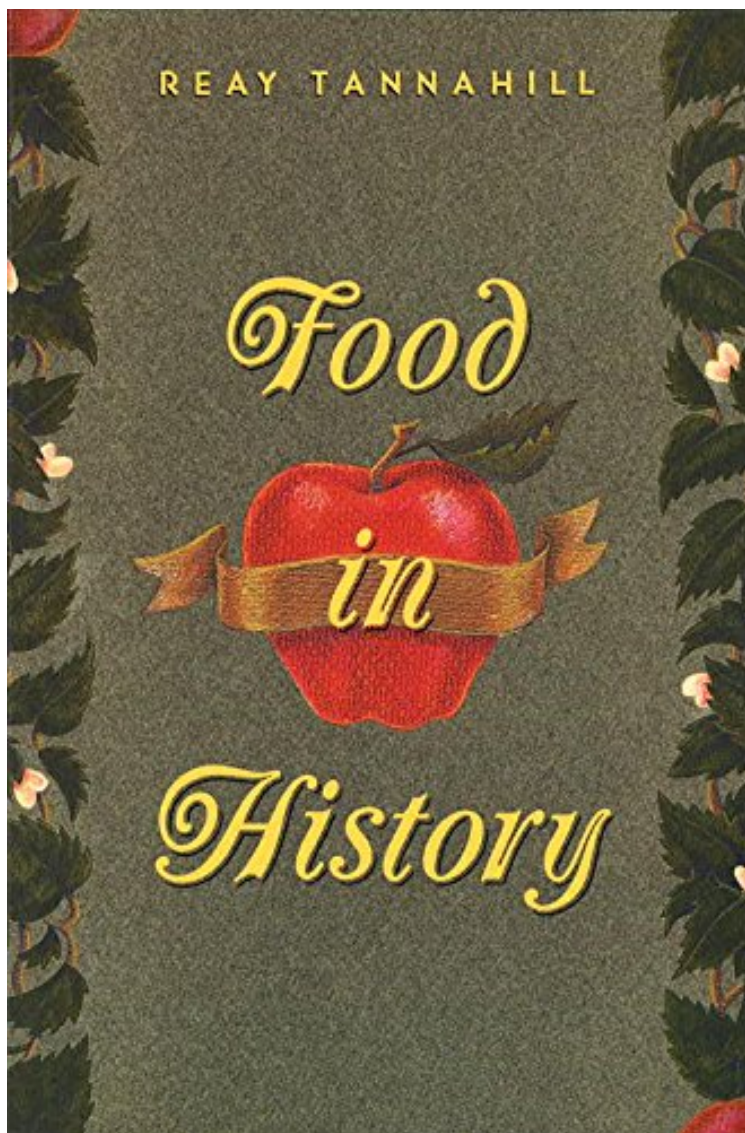


(Free) Food in History

## Food in History

*Reay Tannahill*

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**Reay Tannahill : Food in History** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Food in History:

12 of 13 people found the following review helpful. Food for Thought By J. Vilches Food in History is an academic, yet readable, overview of food throughout history. From prehistoric hunting and gathering to modern day genetically modified crops, Tannahill looks at how food availability, preparation, and consumption have a profound affect on culture and politics. The book is divided into broad time categories - first thousands of years and then hundreds. In each section, Tannahill explores food in different broad areas such as the Americas, Europe, Asia, India, Africa, etc.

This is not a cookbook - don't expect historical recipes. Also keep in mind that it's an overview - don't expect details on the evolution of every single regional cuisine. Food in History is very well researched and comprehensively documented. Tannahill has a pleasant writing style, and just when the material threatens to get a bit too dry, up pops an interesting factoid or anecdote to recapture your interest. I would recommend this book to anyone interested in how food has helped shape our history. 0 of 0 people found the following review helpful. Five Stars By Sabin A. Warrickgreat2 of 2 people found the following review helpful. Wore it out the first time it came out so ... By Alan Young Wore it out the first time it came out so I had to buy a new one.

An enthralling world history of food from prehistoric times to the present. A favorite of gastronomes and history buffs alike, Food in History is packed with intriguing information, lore, and startling insights--like what cinnamon had to do with the discovery of America, and how food has influenced population growth and urban expansion.

From the Inside Flap An enthralling world history of food from prehistoric times to the present. A favorite of gastronomes and history buffs alike, Food in History is packed with intriguing information, lore, and startling insights--like what cinnamon had to do with the discovery of America, and how food has influenced population growth and urban expansion. About the Author Reay Tannahill is the author of Food in History and Sex in History, as well as the bestselling novels A Dark and Distant Shore and The World, the Flesh, and the Devil. She lives in London.