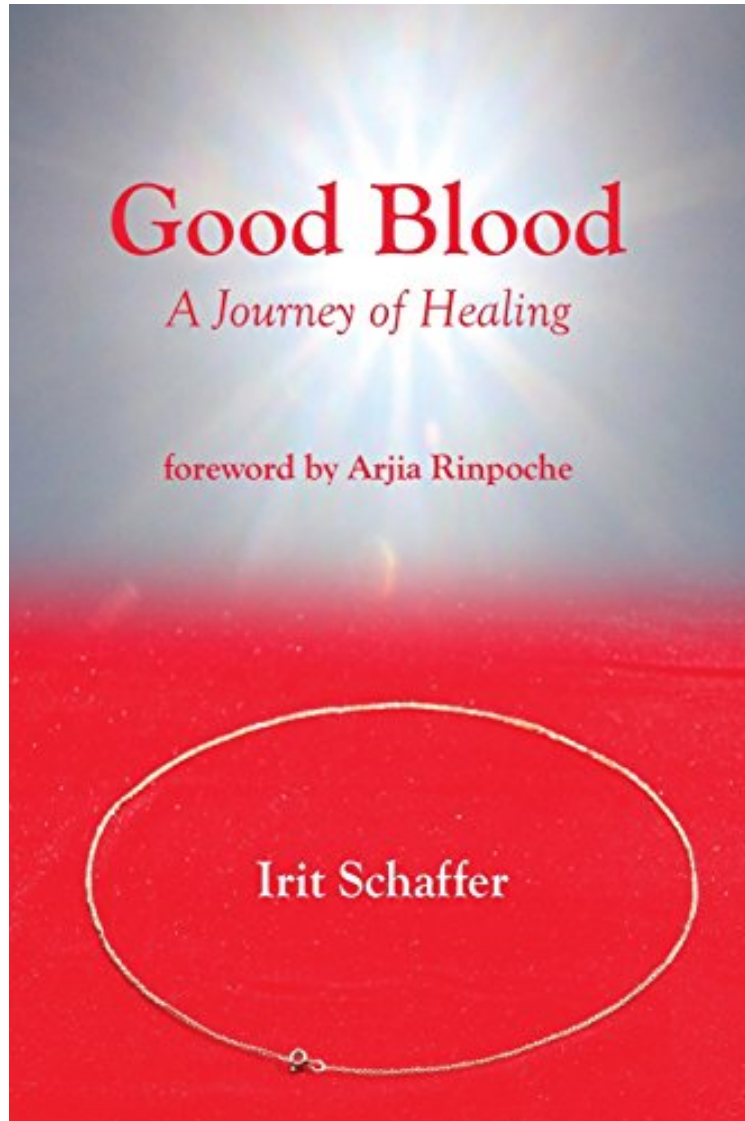


(Free pdf) Good Blood: A Journey of Healing

Good Blood: A Journey of Healing

Irit Schaffer

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Irit Schaffer : Good Blood: A Journey of Healing before purchasing it in order to gage whether or not it would be worth my time, and all praised Good Blood: A Journey of Healing:

0 of 0 people found the following review helpful. book on wisdom of healing....captivating and immersiveBy Anna TcherninaThe book takes you on a captivating journey of authors life as she leaves her family in Montreal and moves to California to pursue her dream of learning about the healing powers of the body. The book is also filled with wisdom of holocaust and labor camps survivors, who are close family members of the author. Through their stories, the author uncovers the mysteries of the healing powers within us and importance of positive thoughts that can help us

overcome any obstacle. The book is filled with warm and rich scene descriptions that make you feel immersed in the book. 0 of 0 people found the following review helpful. When you read it a second time you may notice it's like reading a whole new book. By mama2redheads As you read this book, you become aware that each story, each memory shared, draws you in because it has a personal message for you. Through Irit's delightful storytelling style, a larger picture unfolds about how each of us has a deeper wisdom and guiding light. Pay attention to what resonates for you. When you read it a second time you may notice it's like reading a whole new book. The stories and details take on new meaning as you begin to uncover pieces of yourself that have been waiting in the shadows. It's an easy read with lots of great sensory detail, and a thread of humor throughout. Enjoy! 0 of 0 people found the following review helpful. Looking to the past to understand the future. By PRE An exceptional presentation of a family with long standing roots and a way of being in the world. The author is to be commended for her commitment to knowing her family, for her quest as a healer, and for bringing her readers along on the journey. A great read. You will fall in love with this family and want to bring them into your home.

When she was a child, her father said that he had "good blood" and it was why he and his wife survived and healed from the Holocaust. The author searched for the meaning and significance of her father's words over two continents and through four generations. Her journey uncovered a unique voice of wisdom revealing mysteries of the healing powers within us and the existence of light in every situation that helps us overcome and transcend any obstacle.

"Irit Schaffer cares deeply about faith, family and the ability we all have inside us to heal ourselves. Part tenaciously self-examining memoir; part love song to her wise and powerful Dad; part peace treaty with her unsinkable and recalcitrant mother; Good Blood is an acutely honest and profoundly affecting prayer of gratitude for the palliative and curative powers handed down from the Israelites who walked out of Egypt, to her parents who survived the Holocaust, to Irit herself and her professional healing practice, and to all the generations to come." Pam Houston, author, Contents May Have Shifted. "Good Blood is Good for the Soul, immortalizing the essence of the Good Life." Dr. Norm Shealy M.D., Ph.D. Founder CEO, International Institute of Holistic Medicine"