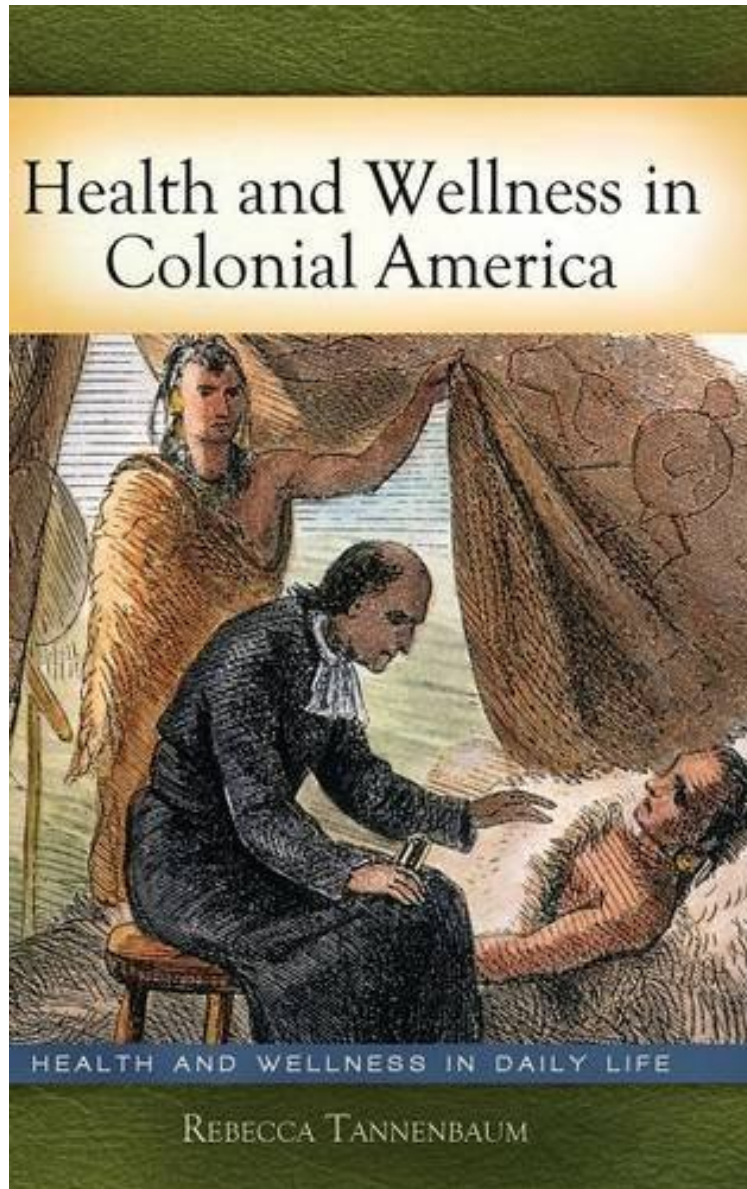


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## Health and Wellness in Colonial America (Health and Wellness in Daily Life)

*Rebecca Tannenbaum Ph.D.*

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## Colonial America (Health and Wellness in Daily Life):

This book provides a broad introduction to medical practices among Anglo-Americans, Native Americans, and African Americans during the colonial period, covering everything from dentistry to childcare practices to witchcraft. It is ideal for college or advanced high school courses in early American history, the history of medicine, or general social history.

From Booklist This title (along with *Health and Wellness in Antiquity through the Middle Ages*) is part of a planned seven-title series. The work is arranged by section headings, including Factors in Health and Wellness, Education and Training, Womens Health, and War and Health. Topics covered include religion and medicine, infants and children, surgery, dentistry, and more. Colonial America profiles three cultures: Anglo-Americans, Native Americans, and African Americans. The coverage is broadranging from the practice of bloodletting to breastfeeding to witchcraft. The writing is clear and should be accessible to college students or students in an advanced high-school class. There are no illustrations in this volume. The text concludes with a brief glossary, a listing of suggestions for further reading, and an index. Each chapter includes footnotes and ends with a notes section listing the works cited (including page numbers of the books, journals, and databases). This title does a thorough job of covering a broad and varied time period, and students requiring reference material on the history of health and wellness for different eras will be well served by this set. --Maren Ostergard "These titles do a thorough job of covering broad and varied time periods, and students requiring reference material on the history of health and wellness for different eras will be well served by this set." - Booklist

About the Author Rebecca Tannenbaum, PhD, received her doctorate from Yale University, New Haven, CT, where she is now senior lecturer in history. Her published works include *The Healer's Calling: Women and Medicine in Early New England*.