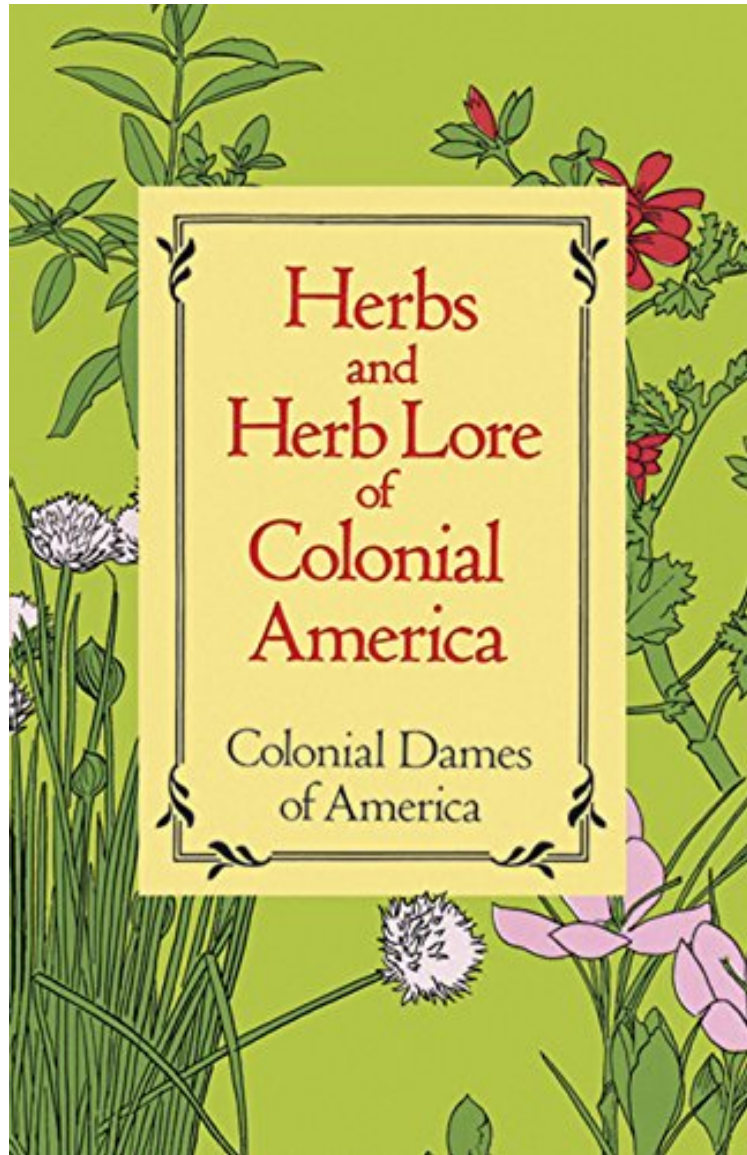


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Herbs and Herb Lore of Colonial America

Colonial Dames of America
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Colonial Dames of America : Herbs and Herb Lore of Colonial America before purchasing it in order to gage whether or not it would be worth my time, and all praised Herbs and Herb Lore of Colonial America:

0 of 0 people found the following review helpful. Light reading. By h. printswell written in an old fashioned way. a work of art rather than a scientific treatise. some of the plants listed here are quite poisonous (foxglove, lilly of the valley) but no mention is made of this in the text. this book is a nice addition to an already- large shelf of books on botany and herb lore.0 of 0 people found the following review helpful. Herbs and Herb Lore of Colonial AmericaBy

Garden Lady This is a very good reference book on herbs grown in Colonial times. Carefully researched by the Colonial Dames of America, it gives you some very interesting facts and plant lore about the herbs grown in those times and how they used them. It also contains a sketch of each plant. The only reason I didn't give it 5 stars is that it does not give you planting instructions or zones where each herb can be safely planted. If you are an herb lover you will enjoy this book. 0 of 0 people found the following review helpful. Amusing and Intriguing Little Book that provides a window into the thinking of colonial gardeners. By Customer This slim volume not only identifies herbs commonly found in colonial American gardens, it also tells why our ancestors grew them. Whether medical, mystical or culinary, everything in the garden had a purpose. I enjoyed that the authors provided historical lore for each plant as well as descriptions on how it was used or prepared. For instance, liquor distilled from lily of the valley "smear on the forehead and back of the neck makes one to have good common sense."

The great importance and usefulness of herbs among settlers in the American colonies are made abundantly clear in this charming volume. Compiled by members of the National Society of the Colonial Dames of America, this carefully researched and delightfully written guide provides a wealth of insights into the supply sources that sustained colonists of the period. Here are descriptions of more than 50 herbs and plants, from "simples" or medicinal flora that were believed to offer remedies for a number of ailments (including the ability to relieve pain from real or imagined afflictions) to those used as natural dyes, disinfectants, taste enhancers, and more. Among the varieties described here are bee balm, bloodroot, candytuft, daffodil, feverfew, hollyhock, hyssop, Jacob's-ladder, lady's bedstraw, lavender, lovage, lemon balm, marjoram, mint, parsley, periwinkle, primrose, rosemary, rue, sage, sweet woodruff, tansy, tarragon, thyme, violet, winter savory, wormwood, yarrow, and many others. Each plant is illustrated by an accurate drawing taken from early herbals and is accompanied by a quotation, anecdote, and informative description that includes popular and scientific names and the plant's use in colonial households. An invaluable collection for plant lovers and herb enthusiasts, this excellent reference will also delight anyone interested in early American life.