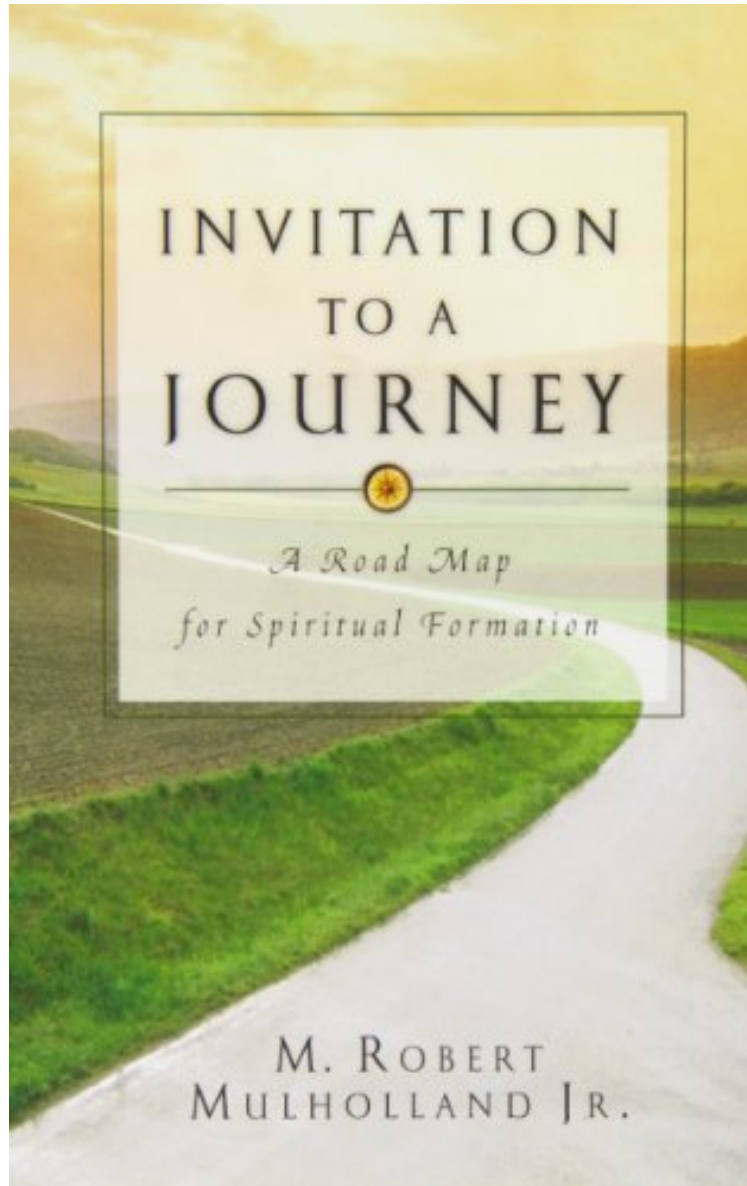


[Download] Invitation to a Journey: A Road Map for Spiritual Formation

Invitation to a Journey: A Road Map for Spiritual Formation

M. Robert Mulholland Jr.

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M. Robert Mulholland Jr. : Invitation to a Journey: A Road Map for Spiritual Formation before purchasing it in order to gage whether or not it would be worth my time, and all praised Invitation to a Journey: A Road Map for Spiritual Formation:

6 of 6 people found the following review helpful. Under your own microscope -By Marilyn R. AdamsThis book artfully leads you down paths you may never have thought to explore; to places you may have thought you already

traveled. In my case, it gently and painfully guided me like a flashlight shining into all the dark places. As I exposed more of myself to the light, there was fragile vulnerability and humility, and through that transparency came tremendous healing and a new place of strength. Had I not been forced to read this for a class, I probably would have run the other way, frankly. Notwithstanding, I am genuinely thankful to the professor and the author for this tool. Spiritual healing is well worth the process and I am indeed the stronger for it. The truth does set us free!! I highly recommend the "journey." 1 of 1 people found the following review helpful. Absolutely Life Changing By Retired Teacher Intellectual without being cumbersome, this book brought me to the deeper level of relating to God for which I had been yearning forty years. Spiritual disciplines are presented more as spiritual delights ushering us into the rich walk with our Savior that the Father intended when the veil was torn from top to bottom. 1 of 1 people found the following review helpful. Wonderfully surprised By jacob s. I didn't know that a book that I had to read for my Masters program in Teaching would be so insightful and impacting regarding my spirituality. Throughout this book I have begun to understand so much of my own journey as a Christian and how through the ups and downs I am being conformed in Him for a purpose. All of it, the consolations and the desolations, the personality influences, the strengths and weaknesses, the giving up of control and abiding, the intimate and the corporate, give me so much understanding and perspective of this journey of life that I am on.

"The process of being conformed to the image of Christ for the sake of others:" so M. Robert Mulholland Jr. defines spiritual formation. Compact and solid, this definition encompasses the dynamics of a vital Christian life and counters our culture's tendency to make spirituality a trivial matter or reduce it to a private affair between "me and Jesus." In Invitation to a Journey, Mulholland helps Christians new and old to understand that we become like Christ gradually, not instantly. Not every personality is suited to an early morning quiet time, so Mulholland frees different personality types to express their piety differently. He reviews the classical spiritual disciplines and demonstrates the importance of undertaking our spiritual journey with (and for the sake of) others. This road map for spiritual formation is profoundly biblical and down to earth. In the finest tradition of spiritual literature, it is a vital help to Christians at any stage of their journey.

"A gem. . . . If you have time to read only one book on spiritual formation, this is a good candidate." (Christian Counseling Today) "You will not be disappointed with this already very popular book." (Evangelical Journal) About the Author M. Robert Mulholland Jr. (1936-2015) was emeritus professor of New Testament at Asbury Theological Seminary and the author of several books, including Shaped by the Word, The Deeper Journey, Revelation and the landmark spiritual formation book Invitation to a Journey. He also served as pastor of Shirley Community Church in Shirley Mills, Maine. During his extensive academic career, Mulholland served as adjunct professor at the Academy for Spiritual Formation and taught at several seminaries and universities around the world, including Wesley Theological Seminary, Harvard University, McMurry University, Moscow Evangelical Christian Seminary (Moscow, Russia), West Africa Theological Seminary (Lagos, Nigeria) and Baltic Mission Center Theological Seminary (Tallinn, Estonia). An elder in the Kentucky Conference of the United Methodist Church, Mulholland was a frequent speaker at Bible and spiritual renewal conferences. He and his wife, Lynn, have two children.